# Developmental Milestones of Early Literacy

## Motor:

- reaches for book
- book to mouth
- sits in lap, head steady
- turns pages with adult help

## Cognitive:

- looks at pictures
- vocalizes, pats pictures
- prefers pictures of faces

## What Parents Can Do:

- hold child comfortably; face-to-face gaze
- follow baby's cues for “more” and “stop”
- point and name pictures

### 6–12 months

- reaches for book
- book to mouth
- sits in lap, head steady
- turns pages with adult help

### 12–18 months

- sits without support
- may carry book
- holds book with help
- turns board pages, several at a time

### 18–24 months

- turns board book pages easily, one at a time
- carries book around the house
- may use book as transitional object

### 24–36 months

- learns to handle paper pages
- goes back and forth in books to find favorite pictures

### 3 years and up

- competent book handling
- turns paper pages one at a time

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